

Routine of Family Life for School Success

Parents—did you know the everyday activities you do in your family support your children’s learning?
Simple routines can help your kids do well in school!



Make a daily routine that includes time to eat, sleep, play, read, work, study, and talk together

Establish regular mealtimes, bedtimes, study time, and outdoor play/exercise time

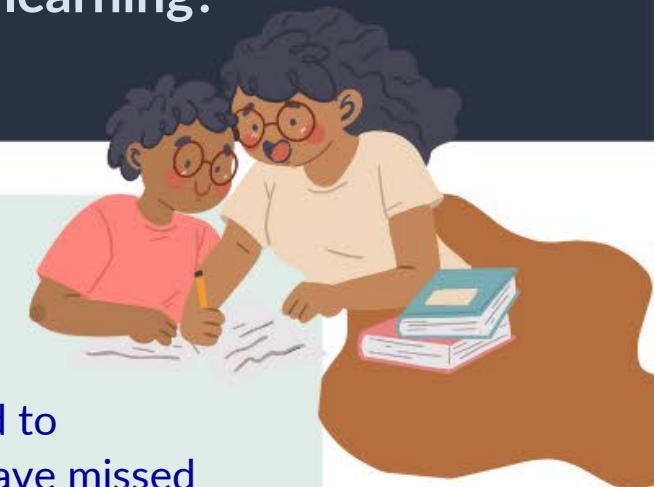
Make time for family fun and learning

- Share family stories and traditions
- Play together: try hobbies, games, and activities that help children learn new things



Show that you value learning

- Make sure children attend school every day
- Ask the teacher for makeup work for your child to complete at home as soon as possible if they have missed school
- Read together every day—recipes, family news, signs in the community, any type of reading in your home language



Have a regular time for study every day, whether children have homework or not

- Try to find a quiet place with good light for a reading/studying area
- Use study time to do your own “homework” like paying bills or reading

